

Om Skandha Saranam! Om Sastha Saranam!



Skandha Sastha Ashram

A non-profit Tax-Exempt Organization
Tax ID: 842062063

Visit <https://ssashram.org>

*Vakratunda Mahakaya Surya Koti Sama Prabha
Nirvighnam Kuru Me Deva Sarva Karyesu Sarvada*



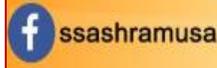
OUR MISSION:

Skandha Sastha Ashram (SSAm) is a non-profit organization with the mission of spreading bhakti, spirituality and love to one and all.

CONTACT INFORMATION:

Website: ssashram.org

Email: contact@ssashram.org



Our Guru **Thiruppugazh Mani Sri Ravi Shankar** conducts weekly and monthly Thiruppugazh classes for devotees in several parts of the world.



Recurring Weekly Events: Time in EST

Monday: Rudrabhishekam | 6:30-8:30 pm
Tuesday: Thiruppugazh Class | 7:00-8:00 pm
Wednesday: Thiruppugazh Class | 7:30-9:00 pm
Thursday: Kids Thiruppugazh Class | 7:30-8:30 pm
Friday: Thiruppugazh Class - India Batch 2 | 9:30-10:30 am
Thiruppugazh Class, Chapel Hill Group | 7:00-9:00 pm
Saturday: Kids Thiruppugazh Class | 4:30-6:00 pm
Adults Thiruppugazh & Thevaram Class | 6:00-8:00 pm
Sunday: Thiruppugazh Class - India Batch 1 | 10:30-11:30 am

Recurring Monthly Events:

- Krithigai Abhishekam is performed on Krithigai Nakshathram Day
- Paadha Pooja is performed on Anusham Nakshathram Day for Paduka of Pujyasri Chandrashekarendra Saraswathi Swamigal of Sri Kanchi Mutt.
- Guru Mahimai Talks are given by Dr. S. P. Sabharathnam, every third Saturday between 10:00-11:00 am EST (7:30-8:30 pm IST).

**** Jan-April, 2021 Events ****

- Talks on Guru Mahimai by Dr. S. P. Sabharathnam
Jan. & Feb: Talks on Agathiyar, March: Talks on Thirumoolar
- Panguni Uthiram Celebration: March 27, 2021
- Tamil New Year Celebration: April 14, 2021

You can watch all of our past SSAm videos in YouTube <https://www.youtube.com/c/SSAshram/videos>.

Chanting or singing Thiruppugazh gives immense peace of mind and extreme happiness to oneself.
It is an experience that is immeasurable. Please join us to spread this to one and all.



Help Skandha Sastha Ashram by donating today!

All donations go directly for the SSAm activities and helping the community.

Consider donating \$20/month or 240/year. Any amount is welcome.

For more information email us at contact@ssashram.org

Our Celebrations - Jan to March 2021

Key Highlights

During the **First** quarter, we celebrated **Thai Poosam** for three days (January 27, 28 and 29, 2021). Pujyasri Kanthimathi Mami and Sri Anand Santhanam enlightened us with their singing of Kandar Alankaram. SSAm Adiyargal also sang Thiruppugazh songs.



Ravi Anna



Kanthimathi Mami & Anand Santhanam



Dr. Sankar Kumar (Gurusamy Mama)

Maha Shivarathri was celebrated in a grand manner, with Meenakshi Sundaresar Thiru Kalyanam for three days and four Kaala Pooja which included Rudrabhishekam, bhajans and aarathi.



We are blessed to have several domestic scholars joining our events: Dr. Sankar Kumar of Cary, North Carolina, Sri Shankar Iyer of Washington D.C., Sri Periyakaruppan and Group of Virginia, Smt. Anandhi Rathnavel and Group of Chicago, Sri Madhu Bhagavathar, Pujyasri Kanthimathi Mami, Ayyapa Swami Devotees of the Triangle area and Ramana Maharishi Satsang Group of California.



Dr. Sankar Kumar



Sri Shankar Iyer



Sri Madhu Bhagavathar & Family



Smt. Kanthimathi Mami

Global Scholars that participate in our events include Thiruppugazh Vibhushan Ulsoor Sri Sundaresan and Group, Dr. S.P. Sabarathnam from India and Dr. Senthilkannan Muthu and Group, Hong Kong.



Thiruppugazh Vibhushan Ulsoor Sri Sunderasan



Dr. S.P. Sabarathnam



Dr. Senthil Kannan

About Our Guru Thiruppugazh Mani Sri Ravi Shankar

Our Guru Thiruppugazh Mani Sri Ravi Shankar conducts Thiruppugazh Classes for kids in USA and Canada.



Sri Ravi Shankar, originally from Tamil Nadu, moved to Raleigh, NC, USA in 1997. He works in a local State hospital and has been serving the community for more than a decade. He started North Carolina Thevaram and Thiruppugazh (NCTT) Sabha in 2013 with seven members. The Sabha grew in number to 100 with the local and global members' support. He passionately teaches Thevaram, Thiruppugazh and Thiruarutppa to both adults and children of all ages in USA, Canada, and India. Skandha Sastha Ashram, a non-profit organization, was created in 2019 with his and other like-minded devotees' support to spread bhakti and love to one and all!

Kids Corner



Lord Ganesha:

ஓம் கம் கணபதயே நமஹ;
Om Gam Ganapathayae Namaha.
Om refers to Atma (soul).
Gam the sound of Lord Ganesha.
Ganapathayae is another name of the unique Lord. Namaha means, I offer salutations and bow to you. Read more of Sahana's article at ssashram.org/blog.

Lord Ganesha Bhajan:

Mooshika Vahana Gajanana
Modaka Hasta Gajanana
Chaamara Karna Gajanana
Vilambeeta Sootra Gajanana
Vamana roopa Gajanana
Maheshwara putra Gajanana
Vighna vinayaka Gajanana
Pada Namaste Gajanana

Meaning:

This is a simple bhajan on Lord Ganesha - the elephant headed one who has the mouse as his vehicle, has the modaka in his hand, has big ears, wears a long thread, is of short stature, is the son of Shiva, remover of obstacles and we surrender to your feet.



Contributions by
Sahana Suresh



Kids certification
ceremony

Namo Namah Niche

N	H	G	V	I	S	H	A	K	A	N	A	A	H
A	A	R	U	M	U	G	A	N	D	A	U	D	L
Y	E	K	A	N	D	H	A	A	G	U	R	U	M
E	T	G	N	S	I	S	H	A	N	M	U	G	A
S	K	D	H	A	M	G	U	H	A	A	K	S	
A	S	A	U	G	U	R	U	N	A	T	H	A	A
H	K	U	M	A	R	E	S	A	H	U	U	K	R
H	N	A	G	A	H	Z	U	K	V	E	L	A	A
S	E	N	T	H	I	I	L	T	N	R	N	G	V
H	G	K	A	R	T	H	I	K	E	Y	A	U	A
U	A	R	D	H	A	N	D	A	P	A	N	I	N
R	N	N	S	U	B	R	A	H	M	A	N	Y	A
S	I	D	D	H	A	N	A	B	M	A	L	I	S
S	R	A	R	A	M	U	K	A	H	B	Y	N	I

ABURUGAN
SUBRAHMANYA
KARTHIKEYA
MURUGA
SENTHIL
SIDDHAN
GURUNATHA
SEYAN
SILAMBAN
VISHAKAN
DHANDAPANI
VELA
KUMARESA
SARAVANA
KUPARA
SHANMUGA
GUHA
KUZHAGAN
KANDHA

Play this puzzle online at : <https://thewordsearch.com/puzzle/235134/>

Do you know different names of Lord Muruga?

- | | |
|----------------|----------------|
| 1. Muruga | 11. Vela |
| 2. Shanmuga | 12. Dhandapani |
| 3. Kumara | 13. Kumaresa |
| 4. Karthikeya | 14. Manohara |
| 5. Kandha | 15. Senthil |
| 6. Arumugan | 16. Silamban |
| 7. Saravana | 17. Vishakan |
| 8. Subrahmanya | 18. Siddhan |
| 9. Guha | 19. Seyan |
| 10. Gurunatha | 20. Kuzhagan |



Are you Interested?

We welcome articles from kids all over the world. Please send us all your ideas and contributions to - contact@ssashram.org

SSAm Future Plans

We would eventually like to purchase a permanent place of worship in North Carolina. We gratefully welcome donations towards this goal 🙏

SSAm Financial Statement

Balance as of December 31st, 2020: **\$14,775.85**

Month	Deposits/Credits	Expenses/Debits	Balance
January	\$2,214.00	\$456.00	\$16,533.85
February	\$1,376.01	\$743.00	\$17,166.86
March	\$2,921.86	\$398.33	\$19,690.39

Balance as of March 28th, 2021: **\$19,690.39**

SSAm Core Team

We would like to thank all the volunteers, our generous donors, special events and technical coordinators who offer their valuable time for SSAm 🙏

Our Founding Members

*Mr. Ravi Shankar Subramanian
Mrs. Jothi Vijaya Kumar
Mrs. Usha Krishnamurthy
Mrs. Sudha Suresh Kumar*

SSAm Committee Members

*Chairperson: Mrs. Sudha Suresh Kumar
Vice Chairman: Mr. Kannan Perichiappan
Advisor & Religious Leader: Mr. Ravi Shankar Subramanian
Secretary: Mr. Ravi Gopalan
Assistant Secretary: Mr. Lakshminarayanan Selvaraju
Treasurer: Mr. Sankaranarayanan Krishnamurthy
Vice Treasurer: Mrs. Usha Krishnamurthy
Marketing & Events: Mrs. Revathy Rao
Communications: Mr. Arun Dhandapani
Kids Liaison: Ms. Sahana Suresh*

SSAm Newsletter Team

*Mrs. Jothi Kumar: Consultant/Editor
Mrs. Usha Krishnamurthy: Finance Reporter
Mrs. Sudha Suresh Kumar: Contributor
Mrs. Revathy Rao: News Writer
Mrs. Sai Gopalan: Photo (video) grapher
Ms. Sahana Suresh: Kids Liaison*

SSAm Sponsors



Krish Mahalingam & Usha Krish
Community Well Wishers, Educators & Financial Coaches
Apex, NC
Phone: (919) 622-8473
Email: Ushakrish1970@gmail.com



SRIDA HERBALS
NATURAL & ORGANIC



Founders: Lakshmi Devi Ethirajan & Murugu Swaminathan
Website: <http://www.sridaherbals.com/>
Contact: info@sridaherbals.com
Instagram: <http://www.instagram.com/sridaherbals>

We would like to thank all our Sponsors for supporting SSAm!

🙏 Muruga Saranam 🙏